

PRACTICE QUESTION

1. A client admitted to a mental health care unit, seems unhygienic, fatigued and withdrawn from the group. On mental status examination, the nurse identifies that the client is having suicidal ideations. The nurse identifies his condition as
 (a) Depression (b) Mania
 (c) Hypochondriasis (d) Schizophrenia
2. On mental status examination, the nurse identifies that a client firmly believes that she is having a serious liver disease, but there is no symptoms of any liver disease. This is called as
 (a) Somatisation disorder
 (b) Hypochondriasis
 (c) Conversion disorder
 (d) Dissociative disorder
3. Which of the following is not a positive symptom of schizophrenia
 (a) Hallucinations
 (b) Delusions
 (c) Blunted affect
 (d) Disorganised speech
4. During mental status examination, the nurse notes that the client repeatedly using rhyming words in his sentences like cat, rat, pat, bat etc. this is called as
 (a) Perseveration
 (b) Tangentiality
 (c) Verbegeration
 (d) Clang association
5. A client admitted to a mental health care unit firmly believes that her husband has extramarital affair with his secretary. This is called as
 (a) Delusion of jealousy
 (b) Delusion of love
 (c) Delusion of persecution
 (d) Delusion of grandeur
6. Which of the following vitamin deficiency will be there in association with chronic alcoholism?
 (a) Thiamine (b) Ascorbic acid
 (c) Niacine (d) Pandothenic acid
7. Chlordiazepoxide is usually prescribed for
 (a) Major depression
 (b) Alcohol withdrawal
 (c) Paranoid schizophrenia
 (d) Korsakoff syndrome
8. Electroconvulsive therapy uses induction of _____ seizures by passing on electrical current through the electrodes attached to client's body.
 (a) Tonic clonic (b) Typical absent
 (c) Atypical absent (d) Generalised
9. Which of the following is not an extrapyramidal symptom?
 (a) Parkinsonism (b) Dystonia
 (c) Akathisia (d) Hypotension
10. The principal of the college of nursing belongs to
 (a) Middle level management
 (b) Top level management
 (c) Third level management
 (d) Operational management
11. What is the minimum professional qualification required for a public health nurse?
 (a) ANM (b) GNM
 (c) B.Sc. Nursing (d) M.Sc. Nursing
12. A social relationship in which one person is more capable of influencing others than to be influenced by them, is known as
 (a) Leadership (b) Administration
 (c) Authority (d) Guidance
13. During the first trimester of pregnancy, softening of the cervix causes sensation of separation of it from the uterine fundus. This is called as
 (a) Chadwick sign (b) Goodell's sign
 (c) Jacquimeir's sign (d) Hegar's sign
14. Pelvic cavity is oval shaped in
 (a) Gynaecoid pelvic
 (b) Anthropoid pelvis
 (c) Android pelvis
 (d) Platypelloid pelvis
15. First fetal movement, quickening can be felt by the mother between
 (a) 8-10 weeks (b) 10-14 weeks
 (c) 16-20 weeks (d) 20-24 weeks
16. pH of vaginal secretions
 (a) 3.5 – 4.5 (b) 4.5 – 5.5
 (c) 7 – 7.5 (d) 7.5 – 8.5
17. A pregnant mother is diagnosed with gestational diabetes mellitus. Which of the following intervention should be questioned by the nurse?
 (a) Prescribing insulin therapy for the client
 (b) Teaching the client to monitor fetal well being
 (c) Prescribing oral hypoglycemic agents
 (d) Routine monitoring of blood pressure
18. Spontaneous abortions in three or more successive pregnancies is called as
 (a) Inevitable abortion
 (b) Complete abortion
 (c) Missed abortion
 (d) Habitual abortion
19. Which of the following is not recommended for vaginal delivery of a HIV infected mother?
 (a) Avoid episiotomy
 (b) Administer oxytocin
 (c) One heavy absorbent pads during delivery
 (d) Minimize neonates exposure to maternal blood
20. Ultrasound of uterus shows characteristic 'snow storm' appearance in
 (a) Ectopic pregnancy

- (b) Eclampsia
 (c) Hydatidiform mole
 (d) Missed abortion
21. Most common site for ectopic pregnancy is
 (a) Ampulla of fallopian tube
 (b) Isthmus of fallopian tube
 (c) Cervix
 (d) Peritoneal cavity
22. Normal intrauterine attitude of fetus is
 (a) Flexion (b) Extension
 (c) Caphalic (d) Longitudinal
23. A nurse is giving health education regarding free labor to a group of pregnant mothers. Which of the following is incorrect?
 (a) Cervical dilatation and effacement will be there
 (b) Contractions will increase in intensity and duration
 (c) Contractions will be irregular
 (d) It may take 12 hours to achieve full dilation of cervix in primi para
24. A nurse is assessing a client who is scheduled for a cesarean delivery. Which assessment finding would indicate a need to contact the physician?
 (a) Hemoglobin of 11 gm/dL
 (b) FHR of 180 beats/minute
 (c) Maternal heart rate of 85 beats/minute
 (d) WBC count of 12000/mm³
25. A nurse is caring a client who is in the first stage of labor. The physician has prescribed IV infusion of pitocin. Which of the following is essential during this period?
 (a) Intravenous antibiotic administration
 (b) Provide complete bed rest to the mother
 (c) Contineous fetal monitoring
 (d) Contineous monitoring of mother's heart rate and respiratory rate
26. Mode of action of magnesium sulphate is
 (a) It decreases acetylcholine release from nerve endings
 (b) Reduces motor end plate sensitivity to acetylcholine
 (c) It blocks calcium channel
 (d) All the above
27. Transfer of functions of corpus luteum to placenta occurs at
 (a) 4-6 weeks (b) 6-8 weeks
 (c) 8-10 weeks (d) 10-12 weeks
28. Number of placenta in monozygotic twins
 (a) One
 (b) Two
 (c) As per the number of fetus
 (d) One or two
29. Grand multipara means
 (a) Live births more than 2
 (b) Live births more than 3
 (c) Live births more than 5
 (d) Live births more than 10
30. The condition in which no sperms are found in semen, is called as
 (a) Azoospermia (b) Aspermia
 (c) Polyzoospermia (d) Oligospermia
31. A baby's birth weight is 3 kg. Then at 5 months the weight of the baby should be
 (a) 5 kg (b) 6 kg
 (c) 9 kg (d) 7 kg
32. Which of the following fontanelle in the child is the first to close?
 (a) Frontal (b) Occipital
 (c) Sphenoid (d) Mastoid
33. Which of the following is the most effective treatment for children suffering from Thalassemia?
 (a) Bone marrow transplantation
 (b) Chemotherapy
 (c) Steroid therapy
 (d) Radiation therapy
34. Management of child during temper tantrum include all except
 (a) Deviate the attention from immediate cause
 (b) Protect the child and others from injury
 (c) Scold and beat the child
 (d) Parents should be firm, calm and loving
35. Which of the following is not a clinical manifestation of marasmus?
 (a) Edema
 (b) Body weight <60% of the expected
 (c) Depletion of fat & adipose tissue
 (d) Arm circumference is less
36. In which age group diphtheria is commonly found?
 (a) 0-1 years (b) 1-3 years
 (c) 1-5 years (d) 5-7 years
37. Average length of a new born baby is
 (a) 40 cm (b) 50 cm
 (c) 35 cm (d) 60 cm
38. A nurse is assessing a one month old baby and notes that the baby has low set ears. This may indicate
 (a) Patau syndrome
 (b) Klinefelter's syndrom
 (c) Edward's syndrome
 (d) Down syndrome
39. In an infant, moro reflex disappears by
 (a) 3 months (b) 6 months
 (c) 10 months (d) 12 months
40. A new born baby is placed under phototherapy for neonatal hyperbilirubinemia. The nurse explains the mechanism of action of photo therapy as
 (a) Converts bilirubin into albumin
 (b) Converts unconjugated bilirubin into soluble bilirubin
 (c) It inhibits bilirubin formation
 (d) Converts conjugated bilirubin to unconjugated bilirubin

41. Which of the following is the commonest surgical disorder of stomach during infancy?
 - (a) Pyloric stenosis
 - (b) GERD
 - (c) Hirschsprung's disease
 - (d) Toxic megacolon
42. Which of the following is not a characteristic of pathological jaundice in new borns?
 - (a) It appears within 24 hours of birth
 - (b) Total bilirubin level is more than 15 mg/dL
 - (c) Serum bilirubin level does not exceed 15 mg/dL
 - (d) Direct bilirubin level more than 2 mg/dL
43. A research study describing the evolution of nursing education in India, is an example of
 - (a) Longitudinal study
 - (b) Experimental study
 - (c) Evaluative study
 - (d) Historical study
44. Accuracy and consistency of a research tool is known as
 - (a) Validity
 - (b) Reliability
 - (c) Objectivity
 - (d) Sensitivity
45. Which of the following is not a proximate principle?
 - (a) Protein
 - (b) Carbohydrate
 - (c) Vitamin
 - (d) Fat
46. Recommended daily intake of vitamin A in adult is
 - (a) 200 mcg
 - (b) 300 mcg
 - (c) 400 mcg
 - (d) 600 mcg
47. Identify the mineral which is responsible for myocardial contraction and relaxation
 - (a) Sodium
 - (b) Calcium
 - (c) Potassium
 - (d) Magnesium
48. Viruses that are parasites of bacteria, which contains a nucleic acid core and a protein coat are called as
 - (a) Transposones
 - (b) Bacteriophages
 - (c) Plasmids
 - (d) Phagocytes
49. Normal amount of inspiratory reserve volume in an adult is
 - (a) 1 litre
 - (b) 5.5 litre
 - (c) 2-3 litre
 - (d) 4-5 litre
50. A top on the facial nerve leads to spasm of facial muscles. This is known as
 - (a) Chvostek's sign
 - (b) Erb's sign
 - (c) Trousseau's sign
 - (d) Babinski sign
51. Winging of scapula is produced by paralyzsis of muscle.
 - (a) Serratus anterior
 - (b) Sternocleidomastoid
 - (c) Trapegius
 - (d) Deltoid
52. Which of the following is a motor cranial nerve?
 - (a) Olfactory
 - (b) Optic
 - (c) Vagus
 - (d) Occulomotor
53. The nerve which is commonly known as "musician's nerve" is
 - (a) Facial nerve
 - (b) Median nerve
 - (c) Ulnar nerve
 - (d) Vagus nerve
54. The apex of the heart is formed entirely by
 - (a) Right ventricle
 - (b) Left ventricle
 - (c) Right atrium
 - (d) Left atrium and right atrium
55. Which of the following hormone is not produced by anterior pituitary?
 - (a) Somatotropin
 - (b) Prolactin
 - (c) Thyrotropin
 - (d) Vasopressin
56. Destruction or removal of the pathologic organisms or organisms capable of giving rise to infection, is known as
 - (a) Sterilization
 - (b) Disinfection
 - (c) Incineration
 - (d) Attenuation
57. Drugs that cause expulsion of gas from stomach and intestines are called as
 - (a) Carminatives
 - (b) Cathartics
 - (c) Caustics
 - (d) Cholagogues
58. Which of the following is the period of fever in which the elevated temperature is returning to normal?
 - (a) Invasjon
 - (b) Fastigium
 - (c) Stadium
 - (d) Defervescence
59. While checking the apical pulse of a client the nurse notes that there is regular rhythm, but the volume has alternate strong and weak character. What does it indicate?
 - (a) Corrigan's pulse
 - (b) Water hammer pulse
 - (c) Pulses alterans
 - (d) Bigeminal pulse
60. Before checking the temperature, the thermometer should be wiped with disinfectant solution
 - (a) From stem towards the bulb
 - (b) From bulb towards stem
 - (c) In circular manner
 - (d) Do not wipe thermometer
61. A nurse in a medical ward notes that the physician used an abbreviation 'h.n' in his prescription. What does it mean?
 - (a) before meal
 - (b) after meal
 - (c) at bed time
 - (d) tonight
62. Which of the following is not an example of dry heat application?
 - (a) Hot fomentation
 - (b) UV rays
 - (c) Heating lamps
 - (d) Hot water bottle
63. Intracellular fluid constitutes about
 - (a) 40% of body weight
 - (b) 60% of body weight
 - (c) 30% of body weight
 - (d) 20% of body weight
64. Concentration KMnO₄ solution used for oral hygiene is
 - (a) 1:1000
 - (b) 1:5000
 - (c) 1:100
 - (d) 1:10000
65. For nasogastric intubation length of Ryle's tube should be measured from
 - (a) Nose to the sternum

- (b) Nose to the umbilicus
 (c) Nose to the tragus of ear plus nose to the sternum
 (d) Nose to the tragus of ear plus tragus of ear to xiphisternum
66. Which of the following is a bacteriostatic drug?
 (a) Rifampicin (b) Pyrazinamide
 (c) Streptomycin (d) Ethambutol
67. In hospital rubber goods wastes such as catheters, IV lines etc should be discarded in which of the following bag?
 (a) Yellow (b) Black
 (c) Red (d) Blue
68. According to national immunization schedule, dosage of BCG vaccine is
 (a) 0.5 ml (b) 0.05 ml
 (c) 0.1 ml (d) 1 ml
69. Which of the following is a second generation intrauterine device for contraception?
 (a) Lippus loop (b) Copper-T
 (c) Progesterone pills (d) DMPA
70. National AIDS control programme was started in
 (a) 1977 (b) 1987
 (c) 1992 (d) 1989
71. The objective of national health policy – 2002 was
 (a) Reduce IMR to 30/1000
 (b) Reduce IMR to 1000/lakh
 (c) Reduce MMR to 30/1000
 (d) Reduce MR to 1000/lakh
72. Incubation period for mumps is
 (a) 10-12 days (b) 8-10 days
 (c) 14-18 days (d) 20-25 days
73. Which of the following communicable disease is not transmitted by Aedes mosquito?
 (a) Yellow fever
 (b) Dengue fever
 (c) Chicken gunya
 (d) Japanese encephalitis
74. Multi Drug Therapy (MDT) is used for the treatment of
 (a) Cholera (b) Tuberculosis
 (c) Leprosy (d) Malaria
75. One ASHA worker should cover a population of
 (a) 2000 (b) 1000
 (c) 500 (d) 3000
76. A nurse is appointed to care a client with brain stem lesion. Which of the following feature the nurse should expect?
 (a) Decerebrate posture
 (b) Decorticate posture
 (c) Aphasia
 (d) Visual disturbances
77. A client is admitted to a medical ward with spinal cord injury at the level of S₂ – S₃. Which of the following feature should be there as a result of this injury?
 (a) Paraplegia
 (b) Autonomic dys reflexia
 (c) Neurogenic bladder
 (d) Hypotension
78. A nurse is caring for a client with CVA with left side paralysis. Which of the following intervention should not be done for this client?
 (a) Position the patient on right side for 2 hours and then on left side for 20 minutes
 (b) Provide suctioning of secretions for 20 seconds continuously
 (c) Provide head elevated position
 (d) Monitor for gag reflex
79. A client visits a nursing care unit with complaints of sprain at the ankles. Which of the following should not be advised to him?
 (a) Proper rest
 (b) Ice application
 (c) Hot application
 (d) Elevate the extremity
80. The typical pain in lumbar intervertebral disc herniation which radiates to the hip and down to the leg is known as
 (a) Angina
 (b) Impingent syndrome
 (c) Pesplanus
 (d) Sciatica
81. Normal level of serum uric acid is
 (a) 2.5 – 8 mg/dL (b) 2 -3 mg/dL
 (c) 9 – 11 mg/dL (d) 4.5 – 5.5 mg/dL
82. After the procedure of cystoscopy, which of the following complaint by the client should be informed to the physician?
 (a) Leg cramps
 (b) Burning on urination
 (c) Increased frequency of urination
 (d) Bright red colored urination
83. A nurse is caring a client acute renal failure. While screening the laboratory values which of the following is not expected?
 (a) Increased blood urea nitrogen
 (b) Decreased serum creatinine
 (c) Hyperkalemia
 (d) Decreased bicarbonate level
84. Which of the following is an early manifestation of Benign Prostate Hyperplasia?
 (a) Post voidal dribbling
 (b) Hematuria
 (c) Decreased force of urinary stream
 (d) Dysuria
85. While administering sulfonamide antibiotics, it is recommended to increase the fluid intake. What is the reason behind this?
 (a) Sulfonamides may cause crystalluria
 (b) Sulfonamides changes color of urine to brown.
 (c) Sulfonamides causes dysuria
 (d) Sulfonamides may cause photosensitive reactions
86. Development of psoriatic lesions at the site of an injury is termed as
 (a) Kobner phenomenon

- (b) Erysipelas
 (c) Shingles
 (d) Cellulitis
87. A client has undergone cardiac catheterization and shifted to post operative care unit. Which of the following interventions are not recommended for this client?
 (a) Monitor peripheral pulses and colour of extremities
 (b) Keep the extremity elevated for 4 hours
 (c) If bleeding occurs at the catheter insertion site apply manual pressure and notify pressure
 (d) Ambulate the client within 2 hours after the procedure
88. A client with permanent pacemaker has done an ECG test. On the ECG strip, the nurse notes the presence of spike preceding QRS complex. The nurse understands that the chamber of the heart is being paced?
 (a) Atrium (b) Ventricle
 (c) Purkinje fibers (d) Atrium or ventricle
89. A client is admitted to emergency unit with severe chest pain radiating to shoulders, arms and neck, and was diagnosed as having MI. The nurse is analyzing the ECG, which one of the following should not be expected?
 (a) ST depression
 (b) ST elevation
 (c) T wave inversion
 (d) Prominent Q wave
90. High fowler's position with leaning forward is recommended for a client with
 (a) Myocardial infarction
 (b) Pericarditis
 (c) Endocarditis
 (d) Cardiac tamponade
91. Which of the following should be closely monitored for a client under warfarin therapy?
 (a) APTT (b) PT with INR
 (c) Platelet count (d) RBC count
92. What is the therapeutic level of theophylline?
 (a) 2-6 mcg/ml (b) 5-10 mcg/ml
 (c) 10-20 mcg/ml (d) 20-25 mcg/ml
93. Which of the following is not a risk factor for peptic ulcer disease?
 (a) Smoking (b) Alcohol
 (c) High fiber diet (d) H. pylori infection
94. When instructing clients on how to decrease the risk of COPD, the nurse should emphasize which of the following?
 (a) Participate regularly in aerobic exercises
 (b) Maintain a high protein diet
 (c) Avoid exposure to persons with respiratory infections
 (d) Abstain from cigarette smoking
95. The nurse should provide which of the following position for the client who has undergone a gastrectomy
 (a) Prone (b) Supine
 (c) Low fowlers (d) Left lateral
96. The nurse is examining a 42 year old woman with suspected grave's disease. The nurse should assess this client for
 (a) Anorexia (b) Tachy cardia
 (c) Weight gain (d) Cold skin
97. A client with type I DM is admitted to the emergency department. Which of the following respiratory patterns require immediate action?
 (a) Deep, rapid respirations with long expirations
 (b) Shallow respirations with long expirations
 (c) Regular depth of respirations with frequent pauses
 (d) Short inspirations and expirations
98. Which of the following is not an oncological emergency?
 (a) Superior venacava syndrome
 (b) Hypercalcemia
 (c) Cardiomyopathy
 (d) Spinal cord compression
99. A client with ovarian cancer is being treated with vincristine. Which of the following indicate a side effect specific to this medication?
 (a) Diarrhoea
 (b) Hair loss
 (c) Chest pain
 (d) Numbness and tingling in the fingers and toes
100. Which of the following is not an antitumor antibiotic medication?
 (a) Chlorambucil (b) Bleomycin
 (c) Doxorubicin (d) Mitomycin

ANSWERS

1	A	26	D	51	A	76	A
2	B	27	B	52	D	77	C
3	C	28	A	53	C	78	B
4	D	29	C	54	B	79	C
5	A	30	A	55	D	80	D
6	A	31	B	56	B	81	A
7	B	32	B	57	A	82	D
8	A	33	A	58	D	83	B
9	D	34	C	59	C	84	C
10	B	35	A	60	B	85	A
11	C	36	C	61	D	86	A
12	A	37	B	62	A	87	D
13	D	38	D	63	A	88	B
14	B	39	B	64	B	89	A
15	C	40	B	65	D	90	B
16	B	41	A	66	D	91	B
17	C	42	C	67	C	92	C
18	D	43	D	68	B	93	C
19	B	44	D	69	B	94	D
20	C	45	C	70	B	95	C
21	A	46	D	71	A	96	B
22	A	47	C	72	C	97	A
23	C	48	B	73	D	98	C
24	B	49	C	74	C	99	D
25	C	50	A	75	B	100	A

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