

PRACTICE QUESTION

1. Mrs. Mary Jane tells to a community health nurse that her last menstrual period was on 12, February 2017. The nurse calculates her expected date of delivery as
 - (a) 19 December 2017
 - (b) 19 November 2017
 - (c) 12 November 2017
 - (d) 12 October 2017
2. Nurse working in an operation theatre must know, the risk of HIV infection with needle stick injury is about
 - (a) 1 : 100
 - (b) 1 : 200
 - (c) 1 : 300
 - (d) 1 : 400
3. A nurse is about to catheterize bladder of a pregnant lady. She should be aware that all the following facts about female urethra are true, except
 - (a) It is about 4.5 cm in length
 - (b) It is posterior to vaginal orifice
 - (c) It pierces through urogenital diaphragm
 - (d) It is straight and offers minor resistance for catheterisation
4. All the following are complications of twin pregnancy, except
 - (a) Abortion
 - (b) Post maturity
 - (c) Low birth weight
 - (d) Congenital abnormalities
5. 18 years old primigravid is admitted with severe pregnancy induced hypertension. She has given intravenous magnesium sulphate. The nurse should monitor which one of the following information
 - (a) Urinary output every 8 hours
 - (b) Deep tendon reflexes every 4 hours
 - (c) Respiratory rate every hour
 - (d) Blood pressure every 4 hours
6. In a female pelvis, obstetric conjugate means
 - (a) Length from sacral promontory to anterior pubic symphysis
 - (b) Length between the two ischial spines
 - (c) length between left sacro-iliac joint to light ilipectoral eminance
 - (d) length from sacral promontory to posterior pubic symphysis
7. Shape of the pelvic brim in platypelloid type of pelvis is
 - (a) Circular
 - (b) Elliptical
 - (c) Triangular
 - (d) Kidney shaped
8. Urine pregnancy test detect presence of which of the following in the urine?
 - (a) hCG
 - (b) Progesterone
 - (c) Estrogen
 - (d) Leutinizing hormone
9. The seven cardinal movements of labor are given below. The correct order in which they occur is
 - (a) Engagement → descent → extension → internal rotation → flexion → external rotation → expulsion
 - (b) Descent → engagement – flexion → internal rotation → extension → external rotation → expulsion
 - (c) Engagement → descent → flexion → internal rotation → extension → external rotation → expulsion
 - (d) Descent → engagement → flexion → external rotation → extension → internal rotation → expulsion
10. Most common site for an ectopic pregnancy is
 - (a) Fallopian tube
 - (b) Cervix
 - (c) Ovaries
 - (d) Peritoneal cavity
11. Painless late pregnancy bleeding which can occur during rest or activity, suddenly and without any warning is a classic sign of
 - (a) Abruptio placentae
 - (b) Placenta previa
 - (c) Hydatidiform mole
 - (d) Chorio-amnionitis
12. A client with 32 weeks of pregnancy is admitted because of painless vaginal bleeding followed by fetal brady cardia. On reviewing the previous examination findings, the nurse notes that there is velamentous insertion of umbilical cord. The nurse suspects which of the following?
 - (a) Abruptio placentae
 - (b) Preedampsia
 - (c) Vasa previa
 - (d) Placenta previa
13. Methods that are commonly used for induction of labor include all the following, except
 - (a) Amniotomy
 - (b) Oxytocin
 - (c) Prostaglandin E2
 - (d) Methotrexate
14. Herniation of the pouch of douglas containing small bowel into the vaginal lumen is known as
 - (a) Cystocele
 - (b) Rectocele
 - (c) Enterocele
 - (d) Hydrocele
15. Vaginal pessary is a temporary treatment measure for
 - (a) Endometriosis
 - (b) Uterine prolapse
 - (c) Dysmenorrhoea
 - (d) Ruptured uterus
16. Frequent menstruation occurring at intervals of less than 3 weeks is called as
 - (a) Oligomenorrhoea
 - (b) Menorrhagia
 - (c) Metrorrhagia
 - (d) Polymenorrhoea
17. Chylomicrons are synthesized by
 - (a) Small intestine
 - (b) Large intestine
 - (c) Liver
 - (d) Stomach
18. A 40 year old female client presents in the casualty with acute onset of severe epigastric

- pain radiating towards the back. The patient has marked epigastric tenderness with guarding and diminished bowel sounds. The client's serum alkaline phosphatase level is 140 U/L. What is the most likely cause of this client's pain?
- Peptic ulcer disease
 - Gall stones
 - Appendicitis
 - Intestinal colic
- When caring for a client who is admitted with extensive burns, the nurse anticipates that pain medication will be administered via which route?
 - Oral
 - Intravenous
 - Intramuscular
 - Subcutaneous
 - Procedure of bone marrow transplant includes all the following steps, except
 - Harvest
 - Conditioning
 - Engraftment
 - Transformation
 - A nurse is assessing a group of clients regarding the possibility for cervical cancer. Which of the following, that the nurse should keep in mind as a risk factor for developing cervical cancer?
 - Human papilloma virus infection
 - Cigarette smoking
 - Pregnancy before the age of 17
 - All the above
 - A client diagnosed with gastric cancer is posted for surgical procedure of Billroth II. The nurse should explain. The client that this procedure involves anastomosis between
 - Stomach and duodenam
 - Stomach and ileum
 - Stomach and jejunum
 - Pancreas and jejunum
 - A nurse is caring for a patient who has undergone TURP. Which of the following finding is abnormal posoperatively so that the nurse should notify physician?
 - Presence of blood in urine
 - Dribbling of urine
 - Nausea and vomiting
 - Pain due to bladder spasm
 - The nurse is reviewing the laboratory results of a client diagnosed with multiple myeloma which of the following would the nurse expect to note specifically in this disorder?
 - Increased calcium level
 - Decreased WBC level
 - Decreased blood urea nitrogen level
 - Decreased number of plasma cells in the bone marrow
 - A nurse is examining a client with systemic lupus erythmatosus (SLE). Which of the following symptoms would the nurse expect?
 - Butterfly rash, edema, hypothermia
 - Butterfly rash, fatigue, diarrhoea
 - Proteinuria, fatigue, butterfly rash
 - Weight gain, fatigue, edema
 - The nurse is assessing the colostomy of a client postoperatively. Which of the following findings indicates that the colostomy is beginning to function?
 - Absent bowel sounds
 - Passage of flatus
 - The client's ability to tolerate food
 - Bloody drainage from colostomy
 - Mesna may be administered with cyclophosphamide, in order to prevent
 - Hemorrhagic cystitis
 - Cardio myopathy
 - Photosensitivity reactions
 - Hyper urecemia
 - In the stomach hydrochloric acid is secreted by
 - Chief cells
 - G-cells
 - Parietal cells
 - Mucous cells
 - The nurse identifies all the following chemotherapy drugs under antitumor antibiotics, except
 - Bleomycin
 - Doxorubicin
 - Daunorubicin
 - 5 Flurouracil
 - Syndrome of inappropriate antidiuretic hormone (SIADH) clinically presents with
 - Weight loss
 - Hypotension
 - Hyponatremia
 - Fluid volume deficit
 - A client visiting a nursing care unit have the physical features like truncal obesity with thin extremities, moon face and buffalo hump in the back. On laboratory examination of electrolytes it is noted that there is hypernatremia and hypocalcemia. The client may suffer from
 - Cushing's disease
 - Addison's disease
 - Pheochromocytoma
 - Diabetes insipidus
 - The insulin preparation which is safe for administering intravenously is
 - Regular human insulin
 - NPH human insulin
 - Insulin detemis
 - Insulin glargine
 - A nurse is caring for a client with diagnosis of chronic gastritis. The nurse monitors for which of the following vitamin deficiency?
 - Vitamin B₆
 - Vitamin B₁₂
 - Vitamin K
 - Vitamin E
 - The client has undergone esophagogastroduodenoscopy. As a part of post procedure care, the nurse should consider which of the following as highest priority?
 - Monitoring the temperature
 - Giving warm gargles
 - Assessing the bowel movements
 - Assessing for the return of gag reflex
 - A patient is received in the emergency department followed by blunt injury to chest

- wall. Which of the following signs indicate the presence of pneumothorax in the client?
- Decreased respiratory rate
 - Diminished breath sounds
 - The presence of barrel chest
 - A sucking sound at the site of injury
- Orthostatic hypotension means
 - BP less than 100/60 mm of Hg
 - A significant drop in BP after an upright position is assumed
 - A significant drop in BP after lying position is assumed
 - A constant low level of diastolic BP <60 mmHg for more than 3 days
 - During administration of enema, if the client complains of intestinal cramps, the nurse should
 - Discontinue the procedure
 - Stop until cramps are relieved
 - Give it at a slow rate
 - Lower the height of the container
 - During aginal attack, nitroglycerine is administered via
 - Intravenous route
 - Subcutaneous
 - Intra muscular
 - Sub lingual
 - Following a total hip replacement surgery, operated by should be positioned with
 - Abduction and extension
 - Abduction and flexion
 - Adduction and flexion
 - Adduction and extension
 - While administering enema the height of enema can should be

(a) 20 cm	(b) 25 cm
(c) 40 cm	(d) 45 cm
 - Drugs used to increase the amount of secretion of bile are called as
 - Cathartics
 - Carminatives
 - Cholagogues
 - Caustics
 - In the following bones, which is generally preferred for bone marrow aspiration?
 - Iliac crest
 - Head of humerus
 - Femur
 - Fibula
 - Application of the drug directly to the skin is known as
 - Inhalation
 - Insertion
 - Instillation
 - Inunction
 - The most preferred site for intramuscular injections in an infant is
 - Deltoid
 - Dorso gluteal site
 - Ventroglutral
 - Vastus lateralis site
 - When a drug is to be administered after meals, which of the following coded instruction is used?

(a) ac	(b) hs
(c) pc	(d) od
 - While giving hot application temperature of water in hot water bag should be

(a) 100° to 110°F	(b) 90° to 100°F
(c) 120° to 149°F	(d) 200° to 210°F
 - The five rights should be kept in mind while administering medications are
 - right patient, right place, right dose, right person, right record
 - right patient, right dose, right drug, right route, right time
 - right patient, right dose, right drug, right time, right record
 - right patient, right dose, right time, right method, right place
 - In the following, which statement is not true regarding blood transfusion?
 - Donor should be free from heart, kidney and lung diseases
 - Donor has not donated blood within the last 12 months
 - Age of donor should be between 18-55 years
 - Hemoglobin level of donor should be above 12 gm%
 - Ringer lactate is an example of
 - Hypertonic solution
 - Hypotonic solution
 - Colloid
 - Isotonic solution
 - In hospitals sharp wastes such as needles, glass pieces should be discarded in
 - Blue colored bag
 - Red colored bag
 - Black colored bag
 - Yellow colored bag
 - Disinfection of a patient's unit after discharge or death of the patient is called
 - Concurrent disinfection
 - Terminal disinfection
 - Antisepsis
 - Fumigation
 - Apgar scoring considers all the following, except

(a) Respiration	(b) Muscle tone
(c) Reflex response	(d) Pupillary reaction
 - A nurse reviews the birth weight of a 5 month old baby was 3 kg. What should be the expected weight now?

(a) 5 kg	(b) 6 kg
(c) 7 kg	(d) 8 kg
 - At which age a baby is expected to sit without support?

(a) 8 months	(b) 10 months
(c) 12 months	(d) 6 months
 - Sustained weight loss, failure to gain weight or persistent fall in weight from the child's normal percentile is called as
 - Failure to thrive
 - Down syndrome
 - Patau syndrome

- (d) Edward syndrome
56. While performing the examination of a neonate, the nurse notes that there is sunken fontanelle and eyes. This may indicate
 - (a) Hydrocephalus
 - (b) Microcephaly
 - (c) Dehydration
 - (d) Renal disorder
 57. Low birth weight baby means
 - (a) Babies weight less than 3000 g
 - (b) Babies weight less than 2500 g
 - (c) Babies delivered before 37 weeks of gestation
 - (d) Babies delivered before 28 weeks of gestation
 58. Risk of regurgitation after breast feeding an infant can be avoided by
 - (a) Placing child in supine position
 - (b) Placing child in prone position
 - (c) By burping the child
 - (d) Placing child in side lying position
 59. An infant is admitted to phototherapy unit. While placing him under light the nurse should adjust the distance between light source and the infant as
 - (a) about 25 cm
 - (b) about 35 cm
 - (c) about 30 cm
 - (d) about 45 cm
 60. Which of the following is an a acyanotic defect with left to right shunt?
 - (a) Tetralogy of fallot
 - (b) Coarctation of aorta
 - (c) Transposition of great arteries
 - (d) Atrial septal defect
 61. Which of the following is the most severe form of neural tube defects in children?
 - (a) Spina bifida occulta
 - (b) Meningocele
 - (c) Myelomeningocele
 - (d) Dysraphism
 62. A nurse is reviewing the clinical findings of a child admitted in pediatric ward and notes the finding of 'red current jelly stool'. This is typically seen in
 - (a) Hirschsprung's disease
 - (b) Intussusception
 - (c) Irritable bowel syndrome
 - (d) Peptic disease
 63. Blood volume of a full term infant is about
 - (a) 60-65 ml/kg
 - (b) 70-75 ml/kg
 - (c) 80-85 ml/kg
 - (d) 100-120 ml/kg
 64. Type of play in which infant engage is called
 - (a) Associative play
 - (b) Solitary play
 - (c) Parallel play
 - (d) Co-operative play
 65. Negativism and temper tantrums are the common features seen in
 - (a) Infants
 - (b) Toddlers
 - (c) Preschoolers
 - (d) Schoolers
 66. According to ICD-10 classification, mood and affective disorders are described under
 - (a) F₁₀ – F₁₉
 - (b) F₂₀ – F₂₉
 - (c) F₃₀ – F₃₉
 - (d) F₄₀ – F₄₈
 67. A 24 year old lady admitted to a family therapy ward. During mental status examination, she told she is in deep love with Salman Khan. He sends gifts to her and she is keeping his autograph precious. The nurse interprets this as
 - (a) Erotomania
 - (b) Delusion of grandeur
 - (c) Nihilistic delirium
 - (d) Delirium of infidelity
 68. Attempts made by a client with dementia to compensate for his failures in intellectual performance by using strategies like changing the subjects, cracking jokes etc, is known as
 - (a) Catastrophic reaction
 - (b) Sundowner's syndrome
 - (c) Circumstantiality
 - (d) Tomgentiality
 69. A 15 year old girl is admitted to a mental health clinic with complaints of not willing to eat or drink because of her intense fear of becoming obese. This condition is called as
 - (a) Anorexia nervosa
 - (b) Bulimia nervosa
 - (c) Encopresis
 - (d) Pica
 70. A child with IQ level of 35-49 and moderately mentally retarded can be considered as
 - (a) Educable
 - (b) Trainable
 - (c) Dependant
 - (d) Profound mentally retard
 71. According to Bleuler, the fundamental symptoms of schizophrenia include all the following except
 - (a) Ambivalence
 - (b) Affect disturbances
 - (c) Association disturbances
 - (d) Apathy
 72. During a group therapy session, a client with mania consistently talks and interrupts other. The nurse would initially
 - (a) Tell the client to stop interruption others and she can talk when during her turn.
 - (b) Ask her to leave the meeting
 - (c) Tell her that she will not be able to attend future meetings
 - (d) Tell her that we will take some actions against her if she doesn't sit calm.
 73. Which of the following is not a selective serotoxin reuptake inhibitor?
 - (a) Escitalopram
 - (b) Fluoxetine
 - (c) Sertraline hydrochloride
 - (d) Imipramine hydrochloride
 74. A client under antipsychotic medications is prone to develop extrapyramidal symptoms which may demonstrate all the following except
 - (a) Dystonia
 - (b) Akathisia
 - (c) Hallucinations
 - (d) Dysphagia

75. A client taking Lithium carbonate reports vomiting, abdominal pain, blurred vision and tumors. The lithium level is 2.5 mEq/L. The nurse interprets this level as
 (a) Toxic
 (b) Normal
 (c) Slightly above normal
 (d) Excessively below normal
76. Obsessive compulsive disorder is a
 (a) Neurotic disorder
 (b) Psychotic disorder
 (c) Endocrine disorder
 (d) Somatoform disorder
77. What is the main side effect of ECT?
 (a) Retrograde amnesia
 (b) Fracture
 (c) Hypotension
 (d) Seizure
78. In India, scheme of multipurpose workers was started as per the recommendations of
 (a) Bhore committee
 (b) Mudaliar committee
 (c) Kartar Singh committee
 (d) Srivastav committee
79. Which of the following is not a bacterial borne communicable disease?
 (a) Diphtheria (b) Cholera
 (c) Measles (d) Typhoid fever
80. Health promotion and specific protection, are the methods of
 (a) Premordial prevention
 (b) Primary prevention
 (c) Secondary prevention
 (d) Tertiary prevention
81. Major confirmative test for tuberculosis is
 (a) Chest X-ray
 (b) Mantoux test
 (c) Sputum examination
 (d) Tuberculin test
82. According to central birth and death registration act 1969, the event of death should be registered in
 (a) 3 days (b) 7 days
 (c) 14 days (d) 21 days
83. Commonest cause of maternal mortality rate in India is
 (a) Abortion (b) Hemorrhage
 (c) Anemia (d) Puerperal sepsis
84. A community health nurse is reviewing the diagnosis of a client as MDR-TB. The nurse understands that the client is resistant to
 (a) INH and rifampicin
 (b) Pyraginamide and rifampicin
 (c) Pyrazinamide and streptomycin
 (d) INH and streptomycin
85. A community health nurse is giving health education to a group of eligible couples regarding contraception. The nurse mentions which of the following is a permanent method of contraception for female?
 (a) Tubectomy (b) Vasectomy
 (c) Copper T (d) Withdrawal
86. Which of the following is not a cause for permanent hardness of water?
 (a) Calcium chloride
 (b) Magnesium chloride
 (c) Calcium bicarbonate
 (d) Calcium sulphate
87. In the cold chain equipments, which of the following vaccine is stored in deep freezers?
 (a) Typhoid (b) BCG
 (c) Tetanus (d) Measles
88. The nucleus of health service in the rural area is
 (a) Community health centre
 (b) Primary health centre
 (c) Subcentre
 (d) Medical colleges
89. The heart of the activated sludge process is
 (a) Grit chamber (b) Trickling filler
 (c) Aeration tank (d) Zoological layer
90. The amount of fluoride in drinking water which is known to be protective against dental caries is about
 (a) 10 mg/L (b) 1 mg/L
 (c) 20 mg/L (d) 0.1 Mg/L
91. Separation of a person who have come in contact with infectious cases but have no diseases, is known as
 (a) Quarantine (b) Isolation
 (c) Prevalance (d) Convalascent
92. National Rural Health Mission was launched in
 (a) 2002 (b) 2005
 (c) 2007 (d) 2003
93. Which of the following minerals should be taken by a child suffering from rickets?
 (a) Potassium (b) Calcium
 (c) Sodium (d) Iron
94. Which of the following steps are not involved in conducting research?
 (a) Planning
 (b) Implementation
 (c) Communicating and applying results
 (d) Evaluation
95. During research, the characteristics or attributes under study are called as
 (a) Assumptions (b) Variables
 (c) Hypothesis (d) Delimitation
96. In which stage of research process, review of literature is done?
 (a) Planning (b) Implementing
 (c) Evaluation (d) Applying results
97. In an organization, what is the meaning of hierarchy?
 (a) Creative and innovative ideas
 (b) Rule of central of the higher to lower
 (c) Co-operative activities of group members
 (d) Adoption of specific action and rejection of others

98. In the following which category requires maximum intellectual skills?
 (a) First level management
 (b) Middle level management
 (c) Third level management
 (d) Top level management
99. The activity is an organization which provides opportunity for maximum individual contribution under desirable working conditions is known as
 (a) Planning
 (b) Personnel management
 (c) Budgeting
 (d) Co-ordination
100. Longest cranial nerve is
 (a) Olfactory (b) Abducens
 (c) Facial (d) Vagus

ANSWERS

1	B	26	B	51	B	76	A
2	C	27	A	52	D	77	A
3	B	28	C	53	B	78	C
4	B	29	D	54	D	79	C
5	C	30	C	55	A	80	B
6	D	31	A	56	C	81	C
7	D	32	A	57	B	82	D
8	A	33	B	58	C	83	B
9	C	34	D	59	D	84	A
10	A	35	B	60	D	85	A
11	B	36	B	61	C	86	C
12	C	37	B	62	B	87	D
13	D	38	D	63	C	88	B
14	C	39	A	64	B	89	C
15	B	40	D	65	B	90	B
16	D	41	C	66	C	91	A
17	A	42	A	67	A	92	B
18	B	43	D	68	A	93	B
19	B	44	D	69	A	94	D
20	D	45	C	70	B	95	B
21	D	46	C	71	D	96	A
22	C	47	B	72	A	97	B
23	C	48	B	73	D	98	D
24	A	49	D	74	C	99	B
25	C	50	A	75	A	100	D

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