

**PRACTICE QUESTION**  
**HPPSC/HPSSC/HPSSSB Staff Nurse Exam**  
**(Set-21) Day-21 (23.02.2020)**

1. BCG, Measles, MMR Vaccines should be stored in  
 (a) 10 to 120°C (b) 20 to 250°C  
 (c) 2 to 8°C (d) 15 to 200°C
2. When a patient's medical record is needed as evidence for a legal action, you are aware that the record is the property of:  
 (a) the patient  
 (b) the patient's lawyer  
 (c) the court  
 (d) the health care agency
3. In India which of the following function as First Referral Units (FRUs)?  
 (a) Sub centres  
 (b) Primary health centres  
 (c) Community health centres  
 (d) Regional hospitals
4. Which of the clients would nurse identify as being at most risk for developing disseminated intravascular coagulation (DIC)?  
 (a) A 4<sup>th</sup> gravida delivered 8 hours ago and has lost 500 ml of blood  
 (b) A 2<sup>nd</sup> gravida diagnosed with dead fetus syndrome  
 (c) A primigravida with mild pre-eclampsia  
 (d) A primigravida who delivered a 5.5 kg. Baby 3 hours ago
5. The principle of at risk approach is  
 (a) Something for all  
 (b) More for the needy  
 (c) All for some  
 (d) All for all
6. A patient has the diagnosis of left ventricular failure and a high pulmonary capillary wedge pressure (PCWP). The physician orders dopamine to improve ventricular function. The nurse will know the medication is working if the patient's  
 (a) Blood pressure rises  
 (b) Blood pressure decreases  
 (c) Cardiac index falls  
 (d) PCWP rises
7. The main objective of intensive IEC activities for leprosy program is  
 (a) Cure of illness  
 (b) Reduction of stigma  
 (c) Case identification  
 (d) Eradication of disease
8. Promotion of infant and young child feeding practice is encompassed along with continuation of complementary feeding upto  
 (a) One year of life  
 (b) Two years of life  
 (c) Three years of life  
 (d) Four years of life
9. Thrombophlebitis is a common complication following vascular surgery. Which of the following signs indicates that a possible thrombus has occurred?  
 (a) Kernig's sign (b) Hegar's sign  
 (c) Homan's sign (d) Brudzinski's sign
10. During a retention catheter insertion of bladder irrigation, the nurse must use  
 (a) Sterile equipment and wear sterile gloves  
 (b) Clean equipment and maintain surgical asepsis  
 (c) Sterile equipment and maintain medical asepsis  
 (d) Clean equipment and technique
11. Saffron coloured meconium seen in  
 (a) Post maturity  
 (b) TB  
 (c) Breech  
 (d) Normal in appearance
12. The extra calories needed by a woman having singleton pregnancy  
 (a) 100 Kcal (b) 200 Kcal  
 (c) 300 Kcal (d) 500 Kcal
13. Which of the following principle guides nurses' priorities at a disaster caused by a collapsed building in an earthquake?  
 (a) Hemorrhage necessitates immediate care to save most lives  
 (b) Those requiring minimal care are treated first so that they can help others  
 (c) Those with head injuries are treated first so that their care more complex  
 (d) Children should get highest priority because they have the greatest life expectancy
14. Mantoux test is done for diagnosis of :-  
 (a) Malaria (b) Filariasis  
 (c) Tuberculosis (d) Typhoid
15. Bitot's spots are due to the deficiency of  
 (a) Vit B (b) Vit A  
 (c) Vit D (d) Carbohydrates

16. A 45 year old patient Mrs. Bhagwanti Devi has just been admitted to the hospital for an abdominal hysterectomy following a diagnosis of uterine cancer. Results of lab tests indicate that the patient's WBC is 9800/cu mm. The most appropriate intervention is to
  - (a) Call the operating room and cancel the surgery
  - (b) Notify the surgeon immediately
  - (c) Take no action as this is a normal value
  - (d) Call the lab and have the test repeated
17. The results of Mantoux test are read after
  - (a) Six Hours
  - (b) 24 Hours
  - (c) 48 Hours
  - (d) 72 Hours
18. Chikungunya is a non-fatal \_\_\_\_\_ illness:
  - (a) Viral
  - (b) Bacterial
  - (c) Protozoan
  - (d) Plasmodium
19. Following a liver biopsy, the highest priority assessment of the patient's condition is to check for
  - (a) Pulmonary edema
  - (b) Uneven respiratory pattern
  - (c) Hemorrhage
  - (d) Pain
20. Strongest stimulus of lactation is by:
  - (a) Metoclopramide
  - (b) PPH
  - (c) Bromocriptine
  - (d) Sucking
21. The number of deaths per 1,000 population per year in a given community is known as
  - (a) Crude death rate
  - (b) Infant death rate
  - (c) Neonatal death rate
  - (d) Perinatal death rate
22. A pregnant woman admitted in labor room is attached to external electronic fetal monitor; nurse should do initial nursing assessment which of the following?
  - (a) Identifying types of accelerations
  - (b) Assessing baseline fetal heart rate
  - (c) Determining frequency of the contractions
  - (d) Determining intensity of the contractions
23. When serum bilirubin rises on 3<sup>rd</sup> and 4<sup>th</sup> day after birth of the baby due to inefficient hepatic function is known as:
  - (a) Pathological jaundice
  - (b) Physiological jaundice
  - (c) Obstructed jaundice
  - (d) Viral hepatitis
24. A female patient Mrs. Seema Gupta has a cesium needle implanted in her cervix. She asks the nurse if she may get out of bed to go to the bathroom. The appropriate response is to tell her:
  - (a) She may not get out of bed while the needle is implanted
  - (b) She may get out of bed with the nurse's help
  - (c) The nurse will have to get a physician's order for her to get out of bed
  - (d) She must stay in bed, but she can move around to be more comfortable while the needle is implanted
25. Rice water stool is the typical sign of
  - (a) Cholera
  - (b) Hepatitis A
  - (c) Hepatitis B
  - (d) Dysentery
26. The assessment finding that should be reported immediately should it develop in the patient with acute pancreatitis is
  - (a) Nausea and vomiting
  - (b) Abdominal pain
  - (c) Decreased bowel sounds
  - (d) Shortness of breath
27. A nurse is assessing a child for dehydration. The nurse determines that the child is moderately dehydrated if which of the symptom is noted:
  - (a) Flat fontanelles
  - (b) Moist mucous membrane
  - (c) Pale skin colour
  - (d) Oliguria
28. The nurse knows that the most informative measurement for determining cardiogenic shock is
  - (a) Arterial blood pressure
  - (b) Central venous pressure
  - (c) Pulmonary artery pressure
  - (d) Cardiac index
29. Which of the following is the appropriate nursing intervention for a patient with a terminal illness who is passing through the acceptance stage?
  - (a) Allowing the patient to cry
  - (b) Encouraging unrestricted visiting
  - (c) Explaining the patient what is being done
  - (d) Being around though not speaking
30. A female patient has a laparoscopic cholecystectomy this morning. She is now complaining of right shoulder pain. The nurse would explain to the patient this symptom is
  - (a) Common following this operation
  - (b) Expected after general anesthesia
  - (c) Indicative Unusual and will be reported to the surgeon
  - (d) Indicative of a need to use the incentive spirometer

31. Which immunization produces a permanent scar?
  - (a) DPT
  - (b) BCG
  - (c) Measles vaccination
  - (d) Hepatitis B vaccination
32. To disinfect 20 litres of water, one should use a single chlorine tablet of
  - (a) 0.5 g
  - (b) 1.5 g
  - (c) 2.5 g
  - (d) 3.5 g
33. A patient was in an automobile accident, and sustained a head injury. Following admission to the hospital, a diagnosis of increasing intracranial pressure was made. The nursing intervention appropriate in the care of this patient is to
  - (a) Teach controlled coughing a deep breathing
  - (b) Provide a quiet and brightly light environment
  - (c) Elevating the head 15 to 30 degree
  - (d) Encourage the intake of clear fluid
34. Expenditure in health sector on Public health is about \_\_\_\_\_ of the GDP.
  - (a) 1%
  - (b) 2%
  - (c) 5%
  - (d) 6%
35. Which of the following system of medicine is of Indian origin?
  - (a) Homoeopathy
  - (b) Siddha
  - (c) Unani-tibb
  - (d) Acupuncture
36. Normal crown-rump length at birth is:
  - (a) 20-25 cms
  - (b) 38-50 cms
  - (c) 72-80 cms
  - (d) 78-85 cms
37. Immunity by antibody formation during the course of a disease is:
  - (a) Active natural immunity
  - (b) Active artificial immunity
  - (c) Passive natural immunity
  - (d) Passive artificial immunity
38. Dyspnea associated with congestive heart failure is primarily due to
  - (a) Blockage of a pulmonary artery by an embolus
  - (b) Accumulation of fluid in the interstitial spaces and alveoli of the lungs
  - (c) Blockage of bronchi by mucous secretions
  - (d) Compression of lungs by the dilated heart
39. Which of the following Anti tuberculosis drug is bacteriostatic
  - (a) Rifampicin
  - (b) Ethambutol
  - (c) INH
  - (d) Streptomycin
40. Which one of the following statements best describes health? Health is:
  - (a) a relative state of being
  - (b) the total state of physical and psychological wellness
  - (c) the state of functioning well physically, mentally and socially
  - (d) being free of sickness of infirmity
41. Tertiary level of prevention of disease is related to
  - (a) Vaccination
  - (b) Good nutrition
  - (c) Rehabilitation to normal physical, mental and social health
  - (d) Good rest and sleep
42. Major route of transmission of Hepatitis is
  - (a) Feco oral route
  - (b) Parental route
  - (c) Sexual transmission
  - (d) Perinatal transmission
43. Placental bed blood circulation through
  - (a) Villi
  - (b) Spiral arteries
  - (c) Chorionic membrane
  - (d) Umbilical artery
44. The danger of convulsion in a woman with preeclampsia ends
  - (a) After labour begins
  - (b) After delivery occurs
  - (c) 24 hours postpartum
  - (d) 48 hours postpartum
45. All of the following are mosquito born disease except
  - (a) Malaria
  - (b) Kala Azar
  - (c) KFD
  - (d) Dengue
46. Herd immunity does not protect an individual in
  - (a) Diphtheria
  - (b) Poliomyelitis
  - (c) Smallpox
  - (d) Tetanus
47. Isoniazid (INH) is prescribed for a 2 yrs old child with a positive Mantoux test. The mother of the child asks the nurse how long the child will need to take the medication. The nurse tells the mother that the medication will need to be taken for:
  - (a) 6 months
  - (b) 9 months
  - (c) 12 months
  - (d) 18 months
48. Which of the following assessment finding is typical of extracellular fluid loss?
  - (a) Distended jugular veins
  - (b) Elevated hematocrit level
  - (c) Rapid thready pulse
  - (d) Increased serum sodium level



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### ANSWERS

1	C	11	A	21	A	31	B	41	C
2	D	12	C	22	B	32	A	42	A
3	C	13	B	23	B	33	C	43	A
4	B	14	C	24	D	34	B	44	D
5	B	15	B	25	A	35	B	45	B
6	A	16	C	26	B	36	B	46	D
7	C	17	D	27	D	37	A	47	A
8	B	18	A	28	C	38	B	48	B
9	C	19	C	29	C	39	B		
10	C	20	D	30	B	40	B		

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